

Would you give **1 to 2 minutes** to Jesus each morning to shield yourself from the influence of the devil for the rest of the day? If you humbly say these prayers each morning, you can bind the devil from his evil influence on your soul.

Rebuke Fear, Doubt & Distraction:

I, rebuke my fear/anxiety in the name of Jesus. Bind my fear and release it from its stronghold.

God has not giving me a spirit of fear, but of power, and of "love" and of a sound mind.

*I have God's perfect "love", and that perfect love casts out fear.
Amen. [\(more\).](#)*

"I rebuke my doubt in the name of Jesus. Bind my doubt and release it from its stronghold.

God has not giving me a spirit of doubt, but of power, and of "truth" and of a sound mind.

*I have God's perfect "truth", and that perfect truth cast out doubt."
Amen. [\(more\).](#)*

"I rebuke the devil's distraction / temptation in the name of Jesus. Bind and cast out all disruptive thoughts.

God has not giving me a spirit of distraction, but of "clarity" & "focus" and of a patient mind.

*I have God's "clarity & focus", and clarity & focus casts out distraction."
Amen. [\(more\).](#)*

After saying these prayers daily, anytime during the day you feel fear, doubt or distraction, say the words "Lord Rebuke" or "Lord, Rebuke my" and these prayers will be sent. Especially useful during church or prayer time when you catch yourself wandering off course.

The Essential Two Minute Prayer page.

[Select Language, Click here.](#)

[Optional] Stubborn Doubt

Best said in the presence of the Holy Eucharist.

"I rebuke my most stubborn doubts through the intercession of St. Jude and St. Michael and all the Holy Souls in thy name Jesus.

I offer unto God, in union with all the masses said today, the most precious blood of thy Divine Son Jesus, for all the Holy Souls in Purgatory to pray and intercede in my battle with doubt as we pray for their heavenly deliverance.

God has not giving me a spirit of doubt, but of power, and of "truth" and of a sound mind.


***Through the intercession of the saints and holy souls, and by the light of God's perfect "truth", may my mind be free from Satan's grasp and all my most stubborn doubts."
Amen. [\(more\).](#)***

Venerate this Divine Mercy Image daily.
(View with honor and respect)
Click to say the Apostles' Creed.



Jesus, I Trust In Your Mercy

Jesus promised that **anyone** who venerates This Image of His Divine Mercy **would not perish** (even hardened sinners). For sinners who trust in His Mercy, Jesus will stand between the wrath of the Father and the sinner during final judgement and pour out unimaginable graces from His Infinity Mercy. Look into His eyes and heart and say you trust in His Mercy. ([more](#)).

 Simplicity Humility Trust
Three virtues of a powerful prayer.

St. Joseph Protection Prayer



Prayer to St. Joseph over 1900 years old

O St. Joseph, whose protection is so great, so strong, so prompt before the Throne of God, I place in you all my interests and desires. O St. Joseph, do assist me by your powerful intercession and obtain for me from your Divine Son all spiritual blessings through Jesus Christ, Our Lord; so that, having engaged here below your Heavenly power, I may offer my thanksgiving and homage to the most loving of fathers. O St. Joseph, I never weary contemplating you and Jesus asleep in your arms. I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine Head for me, and ask Him to return the Kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for us. Amen.

Say for nine consecutive mornings for anything you may desire that is of God's will. It has seldom been known to fail. This prayer was found in the fiftieth year of Our Lord Jesus Christ. In 1505, it was sent by the Pope to Emperor Charles when he was going into battle. Whoever reads this prayer or hears it or carries it, will never die a sudden death, nor be drowned, nor will poison take effect on them. They will not fall into the hands of the enemy nor be burned in any fire, nor will they be defeated in battle.
Make this prayer known everywhere.

Imprimatur:
Most Rev. George W. Ahr
Bishop of Trenton

Print this out and keep it near your bedside.
Read it first thing every morning.

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